

# Construction Worksite COVID-19 Safety Tips



Stay home when you're sick.  
Stay home for at least 3 days  
after recovery which means:



- You have no fever and did not use fever-reducing medications
- Your respiratory symptoms (e.g., cough, shortness of breath) are improving
- At least 10 days have passed since your symptoms first appeared



Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use alcohol-based hand sanitizer that contains at least 60% alcohol. Wash your hands before meals, after using the restroom and after coughing and sneezing



Cover your coughs and sneezes with a tissue, and then dispose of the tissue and clean your hands immediately. If you do not have a tissue, use your elbow (not your hands)

Avoid contact with people who are sick



Drive to worksites or parking areas by yourself. Do not carpool or have passengers unless they live in your home



Avoid sharing food or drinks. Bring food and water bottles from home if possible, in order to avoid busy food trucks



Avoid sharing items such as phone or tools. If sharing tools be sure to wipe them down with a disinfectant wipe before and after use



Constantly observe your work distances in relation to other staff. Always maintain a minimum separation of 6 ft of from one another

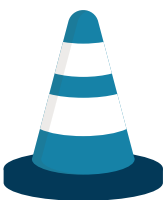
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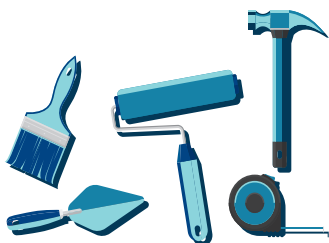
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